



Indianola High School

Proud Traditions... Unlimited Possibilities

October 18, 2012

To Whom It May Concern,

Chris Norton is an inspiration to anyone who wants to make the most of their life. As you are probably aware, Chris graduated from Bondurant High School in which he excelled as a student-athlete. He went on to start on the Luther College football team his freshman year. He was tragically paralyzed during a play which has challenged his physical and emotional state since that day.

Chris has faced his challenges and newfound adversity head on. His positive attitude, hard work ethic, and true perseverance have propelled him to overcome many of the lifestyle changes he has been forced to make. Because of his efforts, CBS News named Chris 2011 America's Choice Honor for Courage in Sports. This was a well-deserved honor. You can see the video at: <http://youtu.be/olzdmwOMKxg>. Since then, he has started his own foundation to help others with rehabilitation costs. For more information about Chris and his foundation see <http://www.luther.edu/scican/meetchris/>.

I recently hosted Chris at Indianola High School to speak to students about his experiences and the lessons he has taken away from those experiences. He spoke to five different groups that ranged in size and demographics. In every case, Chris connected to the students and provided meaningful insights toward overcoming challenges, having a positive attitude, and the benefits of working hard. Chris spoke honestly and openly about his struggles and challenges. He was well prepared and well spoken.

I would confidently endorse Chris Norton to talk to students in your school. You would not be disappointed in the response from students and staff. If you have any questions about Chris and his message, you can be in touch with me at tgrundmeyer@indianola.k12.ia.us or by phone at (515) 961-9510.

Sincerely,

Trent Grundmeyer, Ph.D.

Indianola High School Mission Statement

Indianola High School will provide students with a safe environment and challenging educational opportunities which will enable them to be contributing members of our diverse society.

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